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Ramona & Iris...




and the CORONAVIRUS



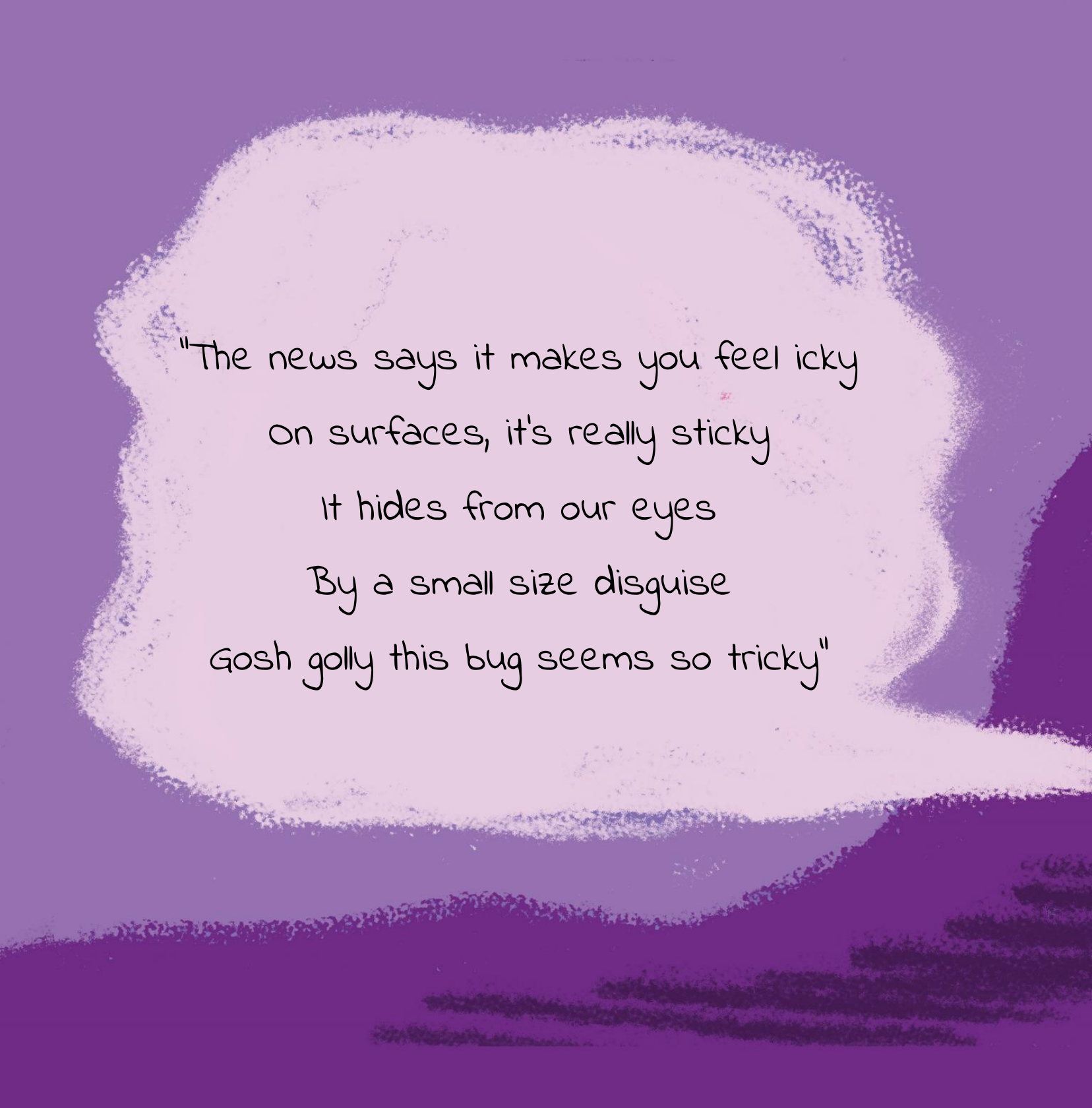
written by: Katherine Redfield

illustrated by: Constance Wu





Ramona and Iris are friends
And Iris is at her wits' ends
Because poor Ramona
Is scared of Corona
A virus with troublesome trends



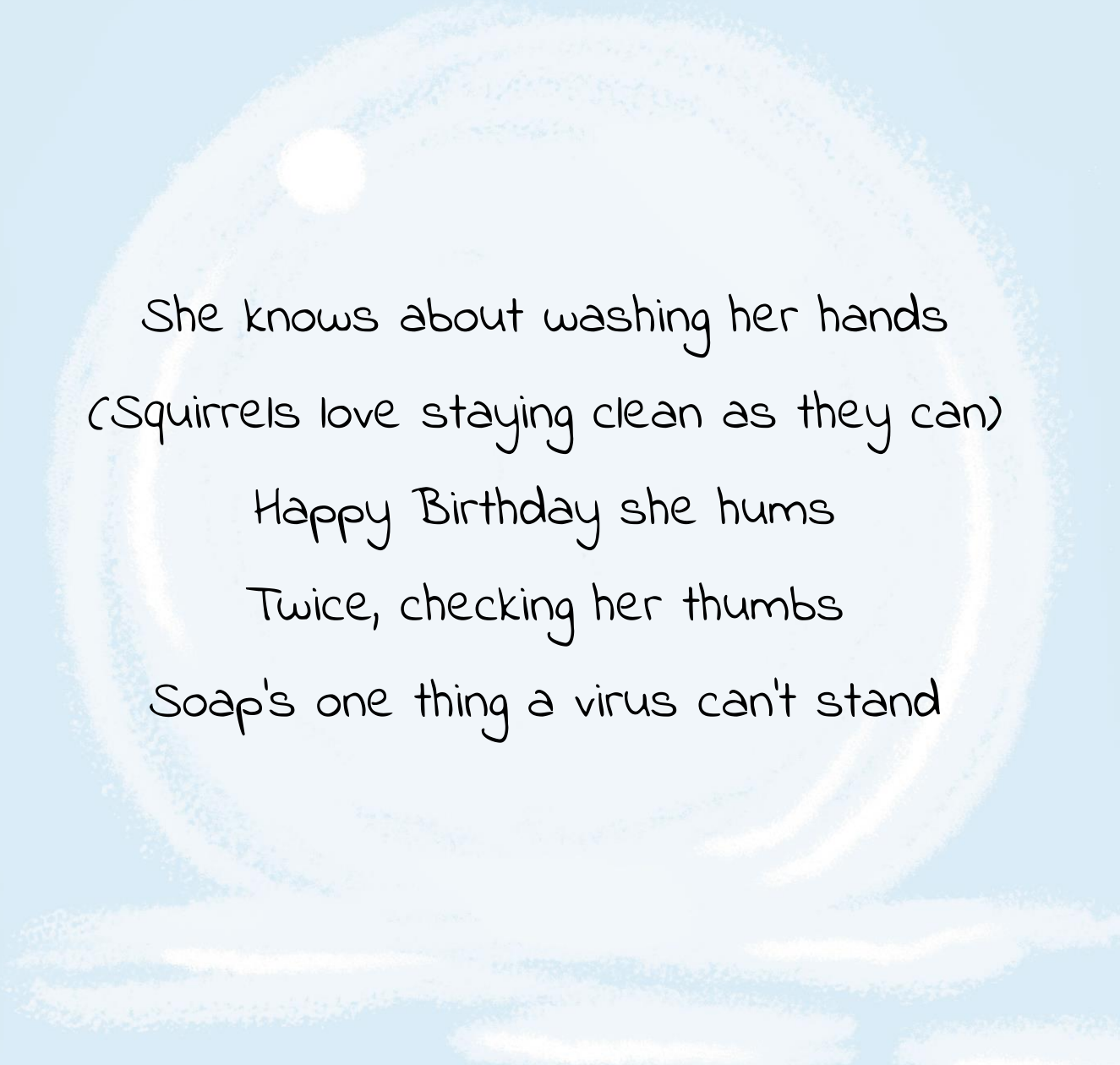
"The news says it makes you feel icky
on surfaces, it's really sticky
It hides from our eyes
By a small size disguise
Gosh golly this bug seems so tricky"





Her friend is a big ball of worry,
Iris thinks to herself in a hurry,
"I'll learn what to do
To help her pull through
And I'll start right away, time to scurry!"





She knows about washing her hands
(Squirrels love staying clean as they can)
Happy Birthday she hums
Twice, checking her thumbs
Soap's one thing a virus can't stand







Next she chitters to her neighbor Jay
who whistles, "Stay 6 feet away"

Distance is grand

For taking a stand

And keeping this sickness at bay



when she speaks to Sir Sloth of the trees

He stifles a cough and a sneeze

"keep your elbow nearby

Tuck inside like you're shy

So your coughs can't slink off through the breeze!"





She calls on Doc Bunny to ask
what to use if she's making a mask

Doc wiggles her fluff

Says, "Cotton's the stuff!"

Before hopping off to her next task



"This illness is spreading so quick!"
Cries Ramona, "I'd hate to get sick!"

"I know that you're scared,
So let's get prepared!"

Iris whips out her list with a flick!

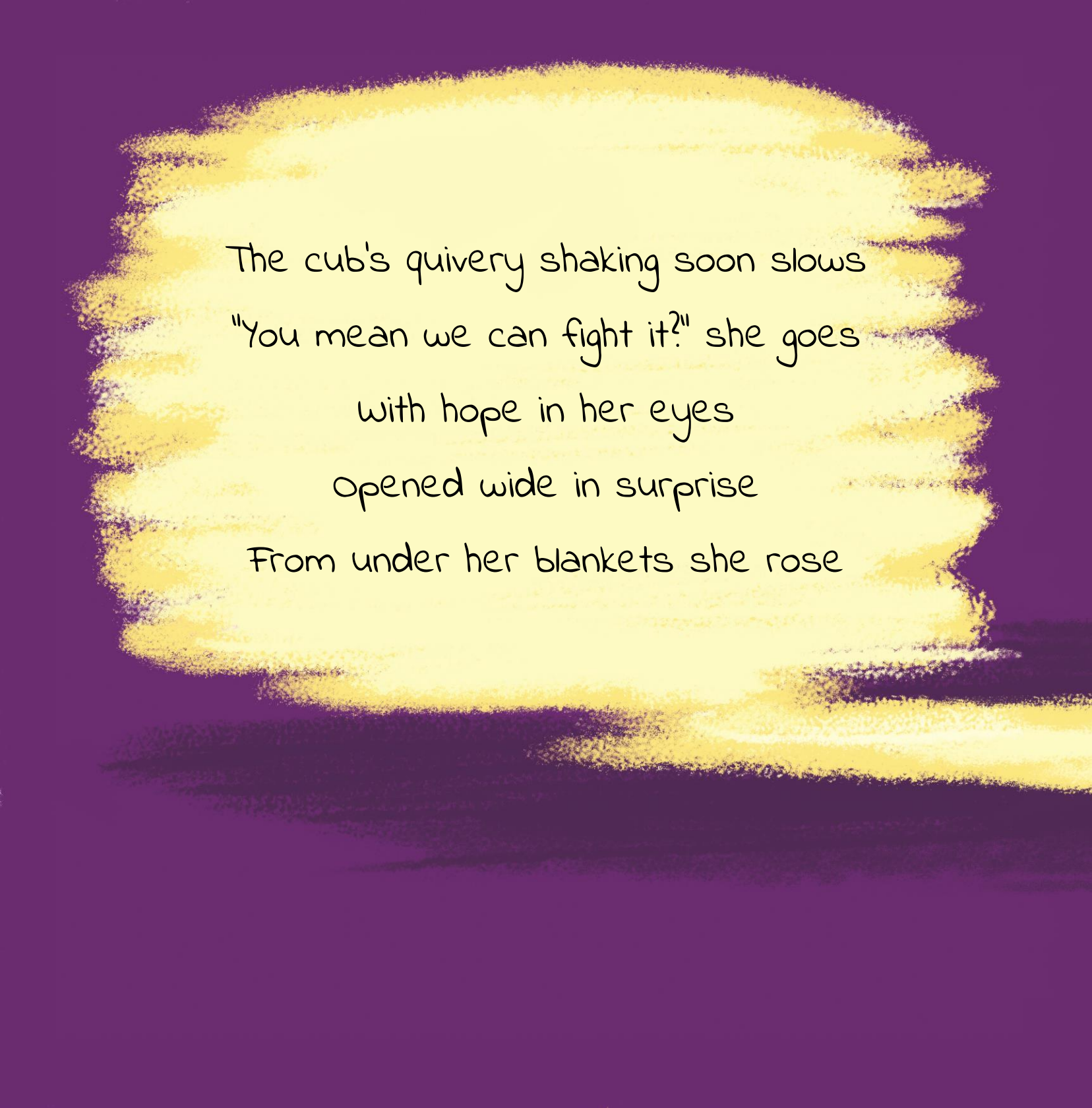






She shares all the things they can do
Elbow coughing and distancing too
wash your hands, stay in place
Also don't touch your face!
To keep those bad bugs far from you



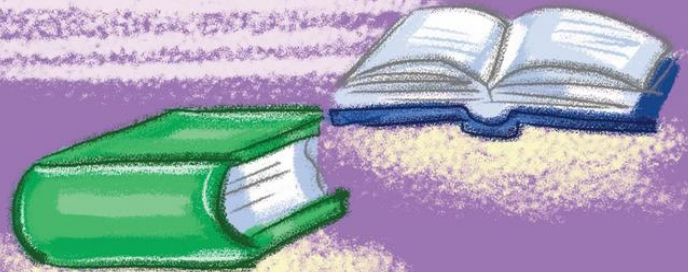


The cub's quivery shaking soon slows
"You mean we can fight it?" she goes
with hope in her eyes
opened wide in surprise
From under her blankets she rose





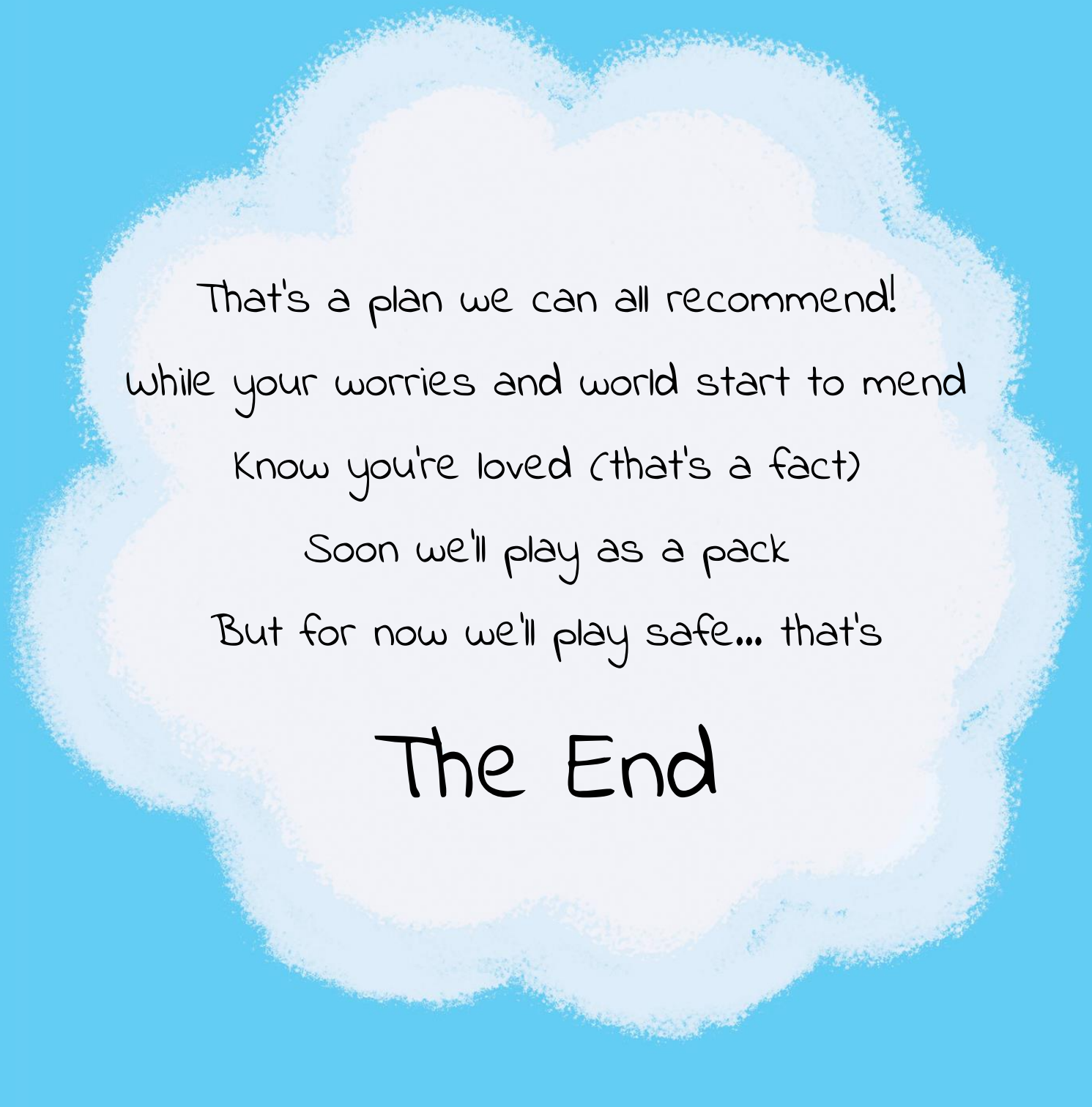
"we bears often go hibernate
whenever the weather's not great
we store food to eat
And read books, what a treat!
As for playing at school, it can wait"



"And if I start feeling funny
I know I can trust Doctor Bunny
I'll get cozy at home
So the virus can't roam
with games... and of course lots of honey!"







That's a plan we can all recommend!
while your worries and world start to mend
Know you're loved (that's a fact)
Soon we'll play as a pack
But for now we'll play safe... that's

The End

who Made This Book?

Katherine and Constance are friends and doctors in training at Harvard Medical School. They love to draw, write, learn and help others feel better. They both live in Boston, and while they miss seeing each other in person they are grateful to be able to work and play together from a distance.



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